

**Qulupunayning O'zbekistondagi navlar va tarqalish hududlari.**

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**Anotatsiya:**Qulupunayning tarqalish hududlari hamda bu rezovor mevaning qanday nomlanishi tug'risida va bu mevaning foydali hususiyatlari va bu mevada uchraydigan vitaminlar tug'risida qisqacha malumotlar.

**Kalit so'zlar:**Qulupunay mevasining tarkibida 5-11% shakar olma va limon kislatasi, temir moddasi, pektin hamda „A“ „V“ „S“ vitaminlari bor.

Qulupunay mevasi shu turga mansub ko'plab navlarning,avvalo Shimoliy va Janubiy Amerkada o'suvchi F.viriginiana va F.chiloensis navlarning chatishtirilishi oqibatida paydo bulgan reza mevalardan. U ko'plab qulupunaysimon o'simliklar navlarning maxsuli bo'lgani, jumladan bugingi kunda yetishtiriladigan bir qancha navlari mazasi, rangi, meva tugishi xamda xosildorligi bilan bir biridan farqlanishi sababli,u turli iqlim sharoitida issiq tropikdan torib shimoliy xudidlargacha yetishtiriladi. Qulupunayning pishish vaqtiga qarata uni gurihlarga bulib chiqqigan bunda birinchisi.Oddiy qulupunay bulib faqat yoz faslidagina gullashi va bir marta hosil berishi mumkin.Uning har bir tupidan 250-300 gramgacha hosil olishimiz mumkin.

Qulupunay har qanday yerga hamda iqlim sharoitiga moslasha oladi. Qulupunayning yana bir navi bulib bu navning uziga xos xususiyati shundan iboratki,butun yoz buyi xamda kuzning oxirigacha bot bot gullab meva tugayveradi.Remontant qulupunay navining kamchligi shundaki u faqat bir yilgina yaxshi hosil bera oladi keyingi yilda ham hosil beradi ammo keyingi yildagi hosili kichig bulib qoladi shu sababli dehqonlarim eski niholning urniga yangi nihol ekishadilar shunday qilinsa har yili serhosil hamda kuqplab meva beradigan qulupunayni kurishimiz mumkin bu qulupunay kuzgacha gullab pishishi mumkin yaxshi ishlov berilsa hamda ob havo sovuq kelganda qulay muhit yaratilgan taqdirda dekabir oyigacha qulupunay mevasini istemol qilsak buladi.



**Qulupnayning erta pishar navi:** O'zbekiston" navi mazzali sersuv navi bulib bu navdan 1 kilogramdan 2 kilogramgacha hosil olish mumkin. Bu navdagi qulupnoy 20 maydan 1 iyungacha pishib yetiladi. Keyingisi „Dilbar“ navi bu navdagi qulupnoyning mevasi yirik mazzali bulib bu ham 1,2 kilogramgacha hosil beradi bu qulupnoyning pishish oralig'i 7-10 may oralarida pishib yetiladi.

**Qulupnoyning urtapishar navi:** Bu navdagi qulupnoylar „Kulver“ „Mayskiy“ „Muto“ navlari bulib quydagi vaqtlarda pisha boshlaydi. Birinchisi „Kulver“ navi bulib bu navdagi qulupnoy mazzali sersuv bulib 1,2 kg hosil olish mumkin. Bu navdagi qulupnoyning niholining tupi urta buyli yoyiq bargalri tuq yashil bulib kasallika va zararkunandalarga chidamli buladi 1-10 iyun oralig'ida pishib yetiladi. Keyingi nav esa „Mayskiy“ navi bulib mazzali hamda dissertbop qulupnoy hisoblanadi. 0,6-1 kg gacha hosil beradi. Kasallik va zararkunandalarga chidamali buladi 10-20 iyun oralig'ida pishib yetiladi. „Muto“ navi esa mazasi birozgina nordonroq 1-1,5 kg gacha hosil beradi. Kasallik va zararkunandalarga chidamliligi urtacha bulib bu ham 10-20 iyun orig'ida pishib yetiladi.



**Qulupnoyning kechpishar navlar:** bularga „Zenga“ va „Remontant“ navi bulib „Zenga“ mazzasi urtacha 0,9-1 kg gacha hosil berdi. Bu navli qulupnoyni siyrakroq ekish tafsiya etiladi sariq chirish kasaligiga chidamsiz 20-iyundan 1-iyulgacha pishadi. „Remontat“ navi esa mazzali sersuv bulib may oyidan to oktyabr oyigacha hosil beradi. Bu navdan kuzda ikkinchi marta hosil olish mumkin shu sababli ham remontat deb nomlangan. O'zbekistonda hozirgi vaqtda shu navli qulupnoylar ekilib kelinmoqda.

**Xulosa:** Qulupnoy vitamininga boy rezovor meva hisoblanadi bu meva tarkibida olma va limon kislatasi mavjud hamda „A“, „S“, „V“ vitaminlari mavjud bu mevada ishtaxa ochuvchilik xususiyati mavjud hamda shifobaxsh hisoblanadi.

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VOLUME-1, ISSUE-5

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VOLUME-1, ISSUE-5

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