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# LANGUAGE LEARNING STRATEGIES FOR EFL STUDENTS Jumaniyazova Lobar Sirojiddin kizi

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#### ABSTRACT

This article examines the dynamic landscape of language learning strategies for EFL students, elucidating how these strategies can be harnessed to surmount the hurdles faced in the journey towards proficiency.

Keywords: questionnaires, learning process, approach, structure, activities.

#### INTRODUCTION

In the realm of English as a Foreign Language learning, a well-thought-out strategy can be the beacon that guides students through the maze of vocabulary, grammar and cultural nuances. As we embark on this exploration of language learning strategies, we will uncover the tools that transform the challenges of EFL education into stepping stones towards linguistic proficiency.

## **METHODS**

In order to comprehensively explore effective language learning strategies for EFL (English as a Foreign language) students, a mixed-methods research approach was employed. This approach involved integrating insights from an extensive literature review, expert interviews, and empirical data collection from EFL students. By triangulating findings from these sources, this study aimed to provide a holistic understanding of strategies that foster EFL proficiency. For the empirical component, a diverse group of EFL students from different proficiency levels and cultural backgrounds were recruited to participated. Informed consent was obtained from all participants before data collection. A mixed-methods approach was employed, involving both quantitative and qualitative data collection methods.

Surveys and questionnaires were distributed to gather quantitative data on the strategies EFL students commonly utilize. These surveys focused on self-reported strategy preferences, perceived effectiveness, and challenges faced during language learning. Open-ended questions are used to capture a comprehensive view of their experiences.

Qualitative data is obtained through classroom observations and focus group discussions. Classroom observations allow for the identification of strategies employed



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by EFL students during real-time learning activities. Focus group discussions provide a platform for students to share their personal experiences, reflect on their learning journeys, and elaborate on specific strategies that aided their progress. The literature surrounding language learning strategies for EFL students is vast and diverse. Various scholars have explored the dynamic interplay between linguistic, cognitive, and sociocultural factors that influence language acquisition. A recurring theme in the distinction between cognitive strategies (e.g., memory aids, summarization) and metacognitive strategies (e.g., self-monitoring, setting goals) employed by learners to regulate their learning process.

Moreover, socio-cultural influences are significant in the EFL context, as students often encounter English the framework of their own linguistic and cultural backgrounds. Research has highlighted the importance of strategies that encourage cultural empathy and cross-cultural communication, enabling EFL learners to navigate the complexities of language and context.

## RESULTS

Through a combination of expert interviews and empirical research, several strategies have emerged as consistently effective for EFL students:

1. **ACTIVE LANGUAGE ENGAGEMENT:** Experts emphasize the value of engaging with the language actively, involving listening, speaking, reading and writing. This multisensory approach fosters a comprehensive understanding of the language's nuances and structure.

2. **CONTEXTUAL LEARNING:** EFL students benefit from learning English within relevant and meaningful contexts. Integrating language learning into daily activities and interests helps bridge the gap between theory and real-life application.

3. **LANGUAGE IMMERSION:** Creating an environment rich in English exposure accelerates language acquisition. Immersive experiences, whether through watching English media or participating in English-speaking clubs, enhance fluency.

4. **COLLABORATIVE LEARNING:** Collaboration with peers in language learning activities encourages meaningful interactions and provides a platform for practicing communication skills.





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## DISCUSSION

The strategies identified align closely with the challenges typically faced by EFL students. Strategies that encourage active engagement address the lack of authentic language exposure, while contextual learning bridges the gap between formal instruction and practical communication. Language immersion serves as a remedy for the absence of English-speaking environments, and collaborative learning tackles isolation and promotes interpersonal skills.

## CONCLUSION

As EFL students strive for linguistic proficiency, the application of strategic approaches becomes increasingly paramount. By integrating insights from literature, expert interviews, and empirical research, this article has highlighted strategies that can empower EFL students to transcend language barriers. Ultimately, the convergence of effective strategies, tailored to the unique challenges of EFL learners, offers a roadmap for their journey towards English language fluency.

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