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#### EXPLORING EFFECTIVE ENGLISH LANGUAGE TEACHING METHODOLOGY

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**Annotation:** This article delves into key methodologies employed in English language teaching, highlighting their strengths and applications.

**Keywords:** Metadology, english, teaching, language, grammatical, Task-Based Language Teaching, metod.

One prominent methodology is Communicative Language Teaching, emphasizing interaction as both the means and goal of learning. CLT focuses on real-life communication, encouraging students to use English in authentic situations. Through role-plays, discussions, and problem-solving activities, learners enhance their ability to communicate fluently and naturally.

Task-Based Language Teaching centers on the completion of meaningful tasks as the primary vehicle for language learning. These tasks simulate real-world activities, such as problem-solving or decision-making, requiring students to use English to achieve a specific goal. TBLT promotes language acquisition through practical application, fostering a deeper understanding of linguistic structures [1].

Dating back to the 19th century, the Direct Method emphasizes teaching vocabulary and grammar inductively, without the use of the learner's native language. Oral communication takes precedence, enabling students to think directly in English. While it can be effective for developing conversational skills, critics argue that it may lack explicit instruction on grammatical rules.

This method emerged during the mid-20th century, heavily influenced by behaviorist theories of learning. The Audio-Lingual Method relies on repetition, drills, and pattern practice to reinforce language structures. It places a strong emphasis on listening and speaking, aiming to develop automatic responses. However, critics contend that it may neglect the importance of understanding the underlying rules of the language.

The Lexical Approach focuses on teaching language in chunks or phrases rather than isolated words. It acknowledges the significance of collocations and common



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language patterns, aiming to enhance students' fluency and accuracy. By exposing learners to authentic language use, this approach mirrors how native speakers naturally express themselves [2].

English language teaching methodology continues to evolve, with educators incorporating a blend of approaches based on their students' needs and the learning context. balanced and flexible approach, integrating elements Communicative Language Teaching, Task-Based Language Teaching, and other methods, allows educators to cater to diverse learning styles. As technology advances, incorporating digital tools and resources into these methodologies further enhances the overall language learning experience. Ultimately, the dynamic nature of language teaching ensures that educators remain at the forefront of pedagogical innovation, continually refining their practices to empower learners in their journey towards linguistic proficiency. This brief overview of some of the most important methods in English learning teaching, has provided me as a future high school English teacher with some tools that can be use in order to make lessons more fruitful and entertaining for the students. Although by law teachers are required to follow certain rules in order to plan and organize their classes, they still have some autonomy that allows them to decide which teaching method they choose to use. For that reason, this article intends to share some ideas about some of the approaches that can be adapted in a classroom and some techniques to help those classes be more beneficial for students. After this brief analysis I would like to conclude then pointing out the main ideas that have been taken form the studied methods.

From grammar translation method it is important to bare in mind the importance given to grammar. For that reason and although it would have to be adapted in order to make it more learner-centred, it is important to focus on grammar during the different lessons in order to make sure the students have the necessary tools to correctly use the language following the different grammatical rules. Regarding the direct method, the main element that would be taken into account would be the fact that the classes were carried out in English. Although this seems to be the natural thing to do, it was not until the direct method started the trend that the classes were carried out in the students first language instead of the targeted language. And that is why this method is so important and why this methodology is important



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