

**TIBBIY VA BIOLOGIK FIZIKA FANIDA TOVUSHNING HAVODA
TARQALISH TEZLIGI****Buzrukov To'liqin Omonovich PhD, dotsent**Email: tolqinbuzrukov5@gmail.com**Ergashova Gavhar Ravshanovna****Annotatsiya**

Tovush — bu muhit zarrachalarining tebranishi orqali tarqaladigan mexanik to'liqin bo'lib, uning havodagi tarqalish tezligi tibbiy va biologik fizika fanida muhim ahamiyatga ega. Ushbu maqolada tovushning havoda tarqalish mexanizmi, tezlikka ta'sir qiluvchi omillar (harorat, zichlik, bosim), hamda tibbiyotdagi qo'llanilishi (ultratovush diagnostikasi) keng yoritiladi. Maqola IMRAD strukturasi yozilgan bo'lib, ilmiy va tushunarli tarzda bayon etilgan.

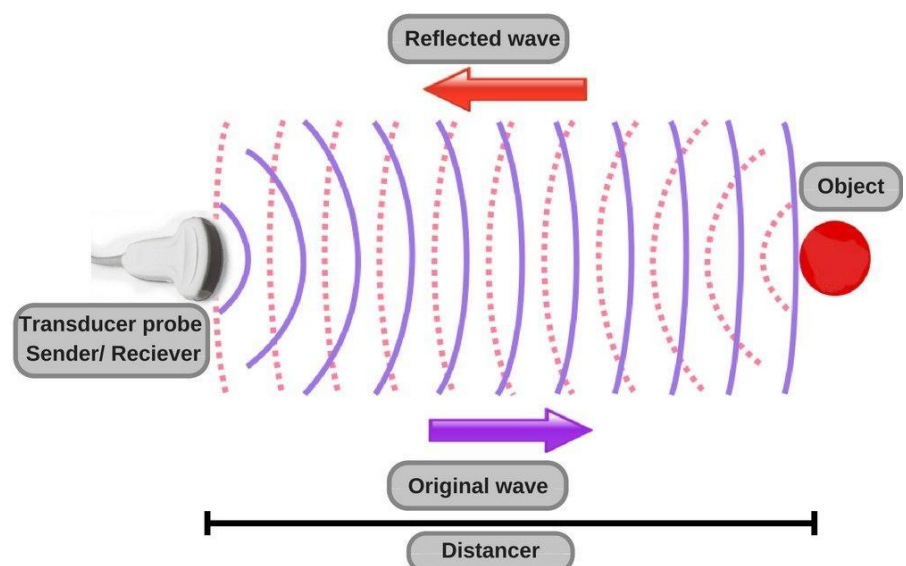
Kalit so'zlar: tovush, tezlik, ultratovush, mexanik to'liqin, akustika, biologik fizika

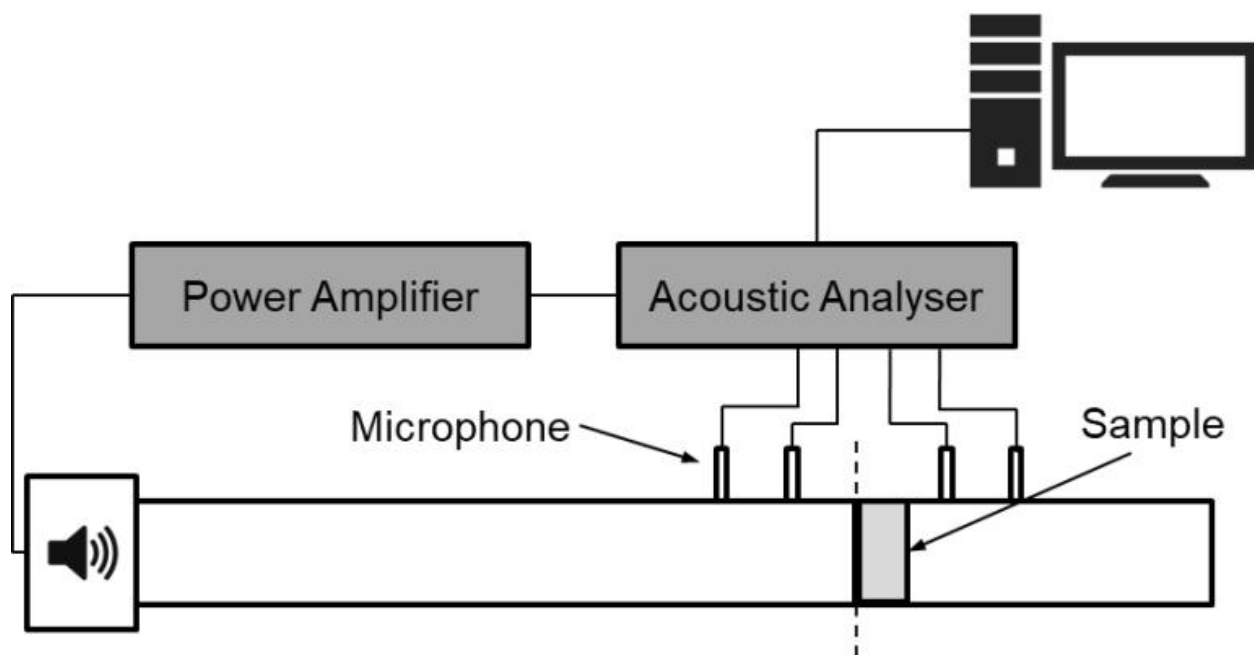
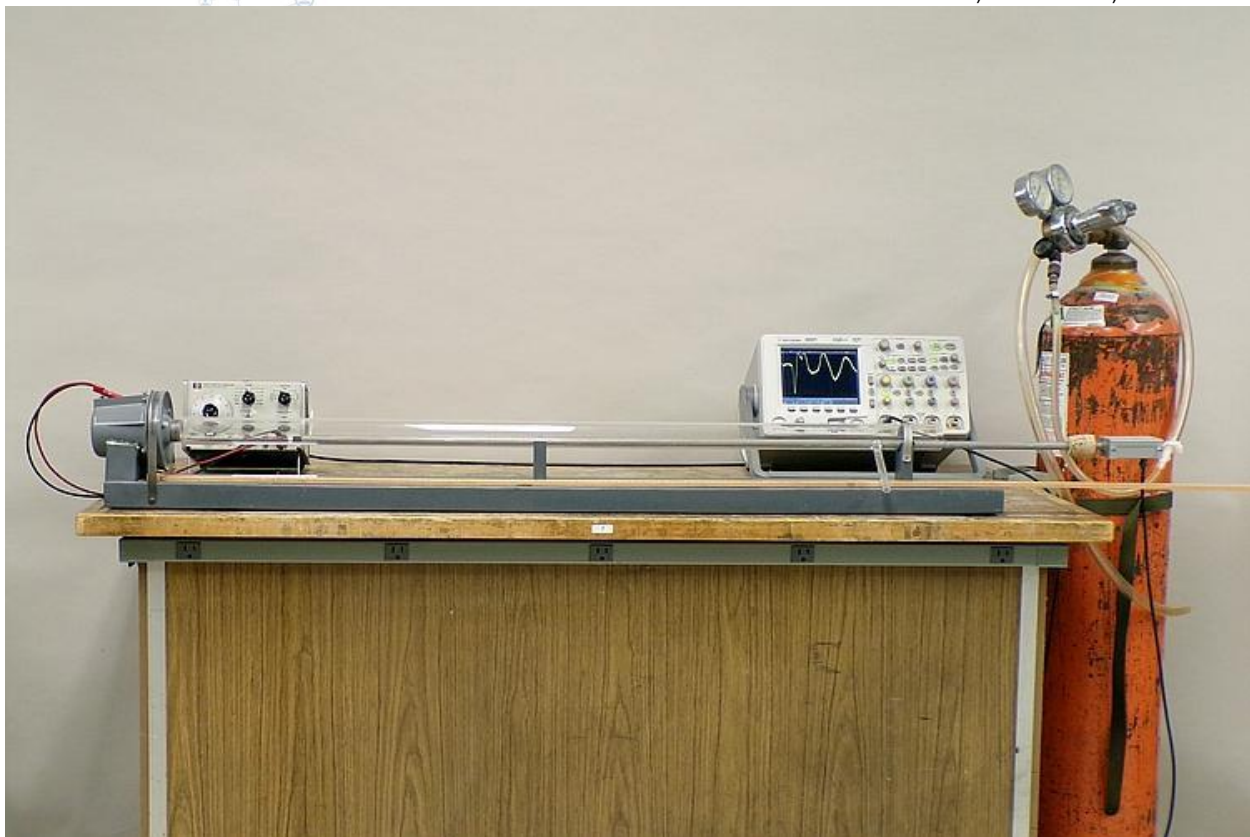
Kirish

Tovush inson hayotida muhim o'rin tutadi. U nafaqat aloqa vositasi, balki tibbiyotda diagnostika va davolash jarayonlarida ham keng qo'llaniladi. Tovush — bu elastik muhitda (masalan, havoda) tarqaladigan mexanik tebranishdir.

Havoda tovush uzunlomas to'liqin sifatida tarqaladi, ya'ni zarrachalar tebranish yo'nalishi to'liqin yo'nalishiga parallel bo'ladi. Tovush tezligi esa muhit xossalariga bog'liq bo'lib, ayniqsa harorat katta ta'sir ko'rsatadi.

Tibbiy fizikada tovush tezligini bilish muhim, chunki u ultratovush apparatlarida tasvir hosil qilish asosini tashkil etadi.

Materiallar va usullar



Ushbu maqola nazariy tahlil asosida yozilgan:

Manbalar:

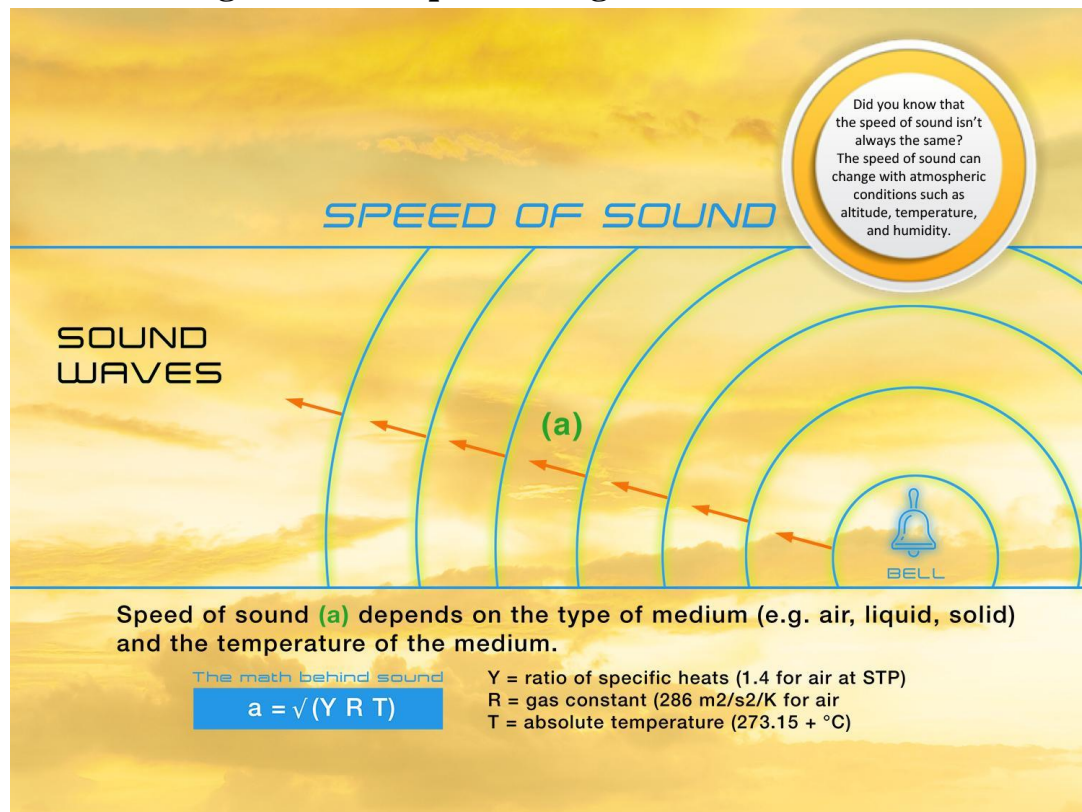
- Biologik fizika va akustika darsliklari
- Ilmiy maqolalar (Scopus, PubMed)
- Tibbiy ultratovush texnologiyalari

Usullar:

- Analitik tahlil
- Formulalar asosida tushuntirish
- Grafik va diagrammalar bilan izohlash

Natijalar

1. Tovushning havoda tarqalish tezligi



SPEED OF SOUND

SOUND WAVES

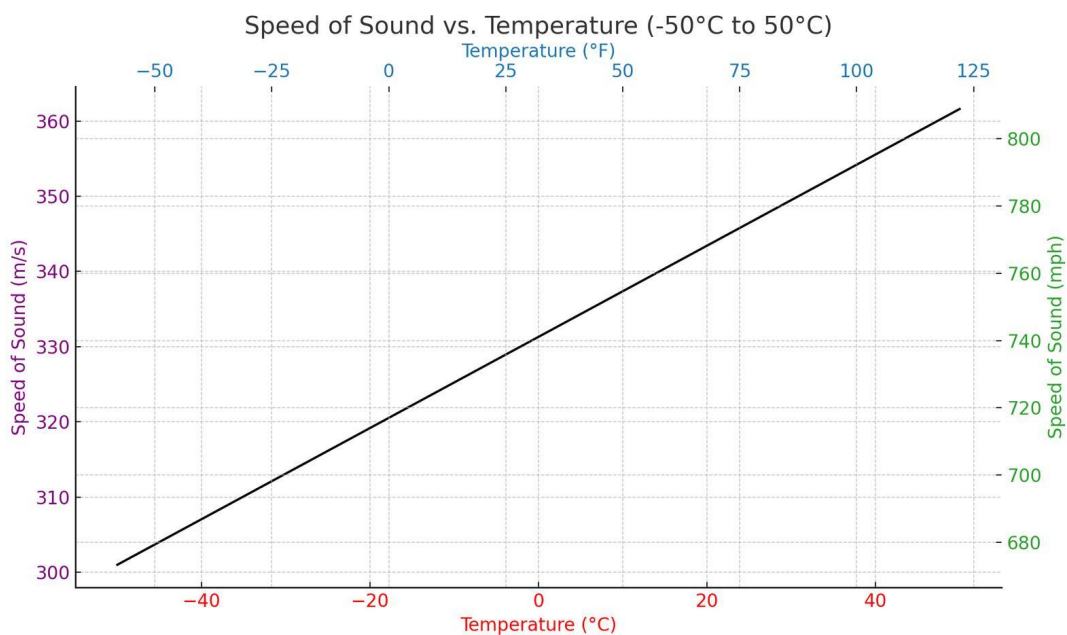
Did you know that the speed of sound isn't always the same? The speed of sound can change with atmospheric conditions such as altitude, temperature, and humidity.

Speed of sound (**a**) depends on the type of medium (e.g. air, liquid, solid) and the temperature of the medium.

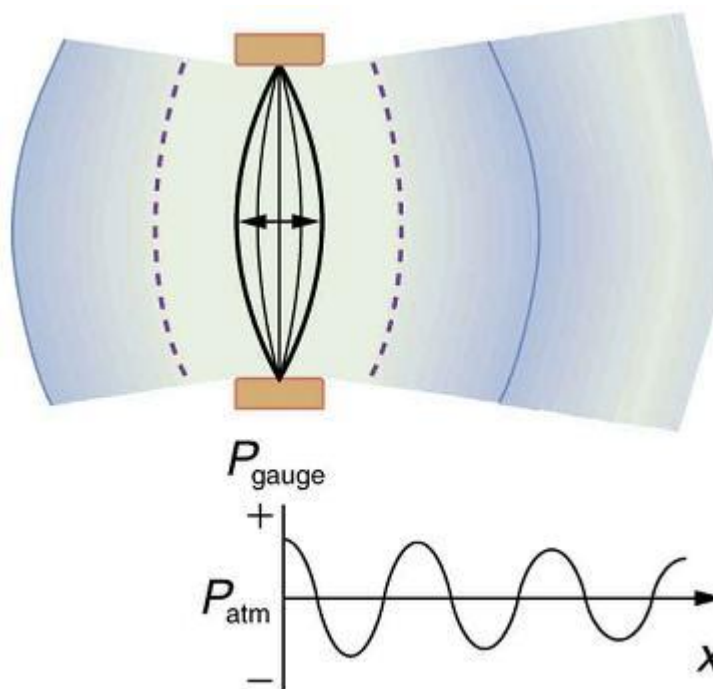
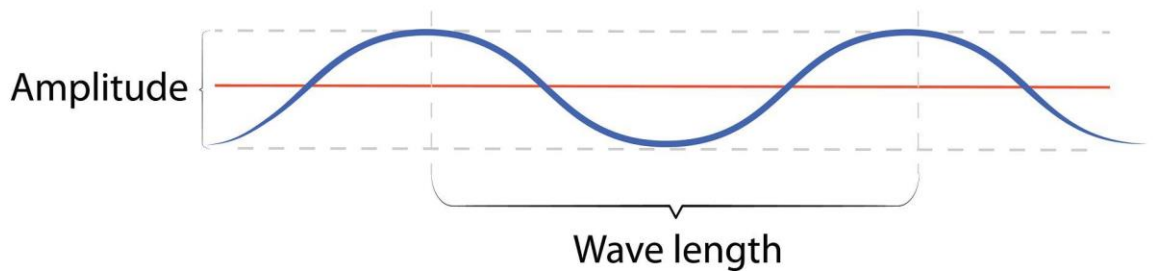
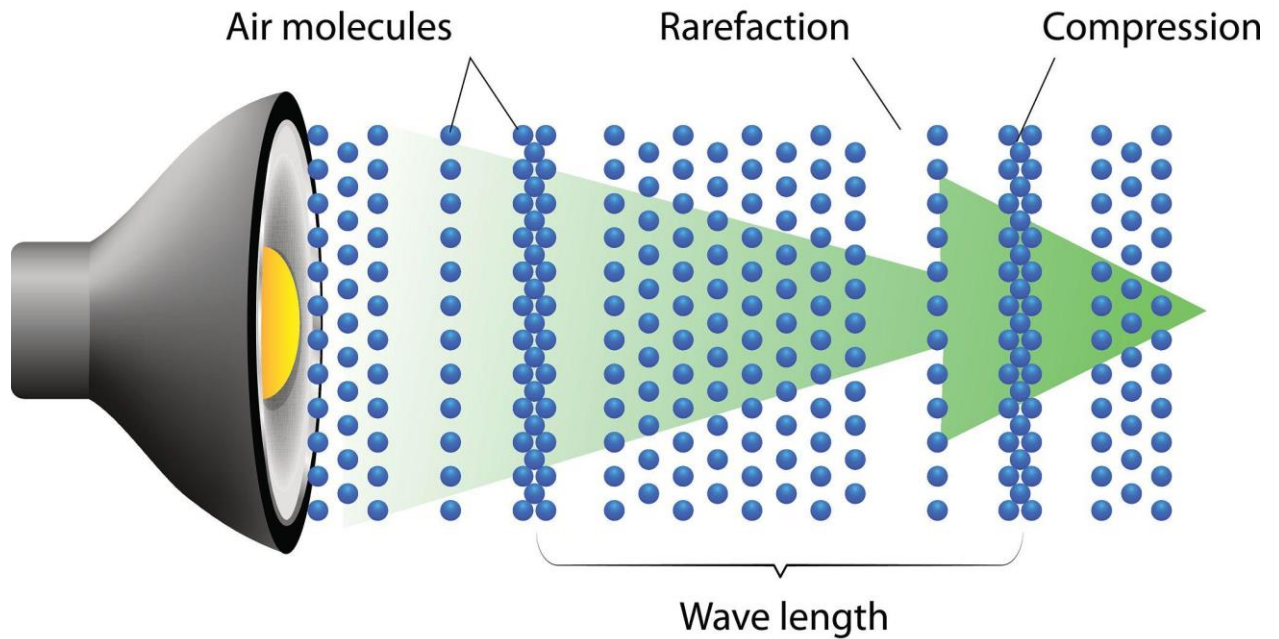
The math behind sound

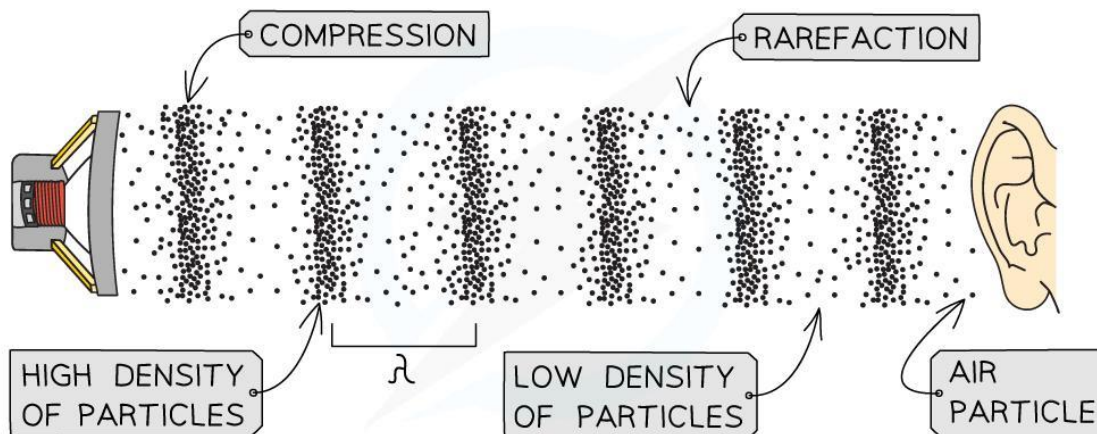
$$a = \sqrt{Y R T}$$

Y = ratio of specific heats (1.4 for air at STP)
 R = gas constant (286 m²/s²/K for air)
 T = absolute temperature (273.15 + °C)



SOUND WAVES





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Havoda tovush tezligi taxminan:

- **20°C da: 343 m/s**

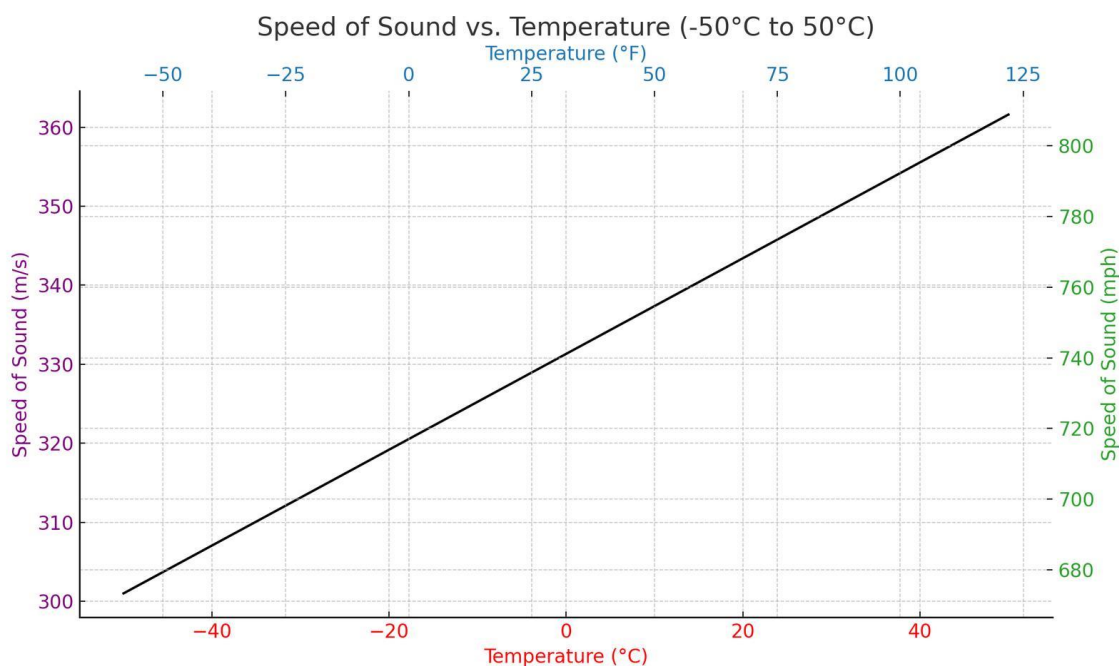
Tovush tezligi formulasi:

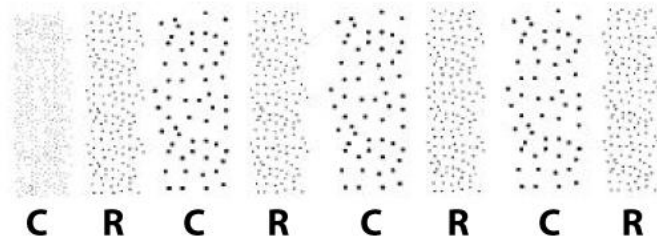
$$v = \sqrt{\gamma \cdot \frac{R}{M} \cdot T}$$

Bu yerda:

- (v) — tovush tezligi
- (T) — harorat (Kelvin)
- (γ) — adiabatik ko'rsatkich
- (M) — gazning molyar massasi

2. Tovush tezligiga ta'sir qiluvchi omillar

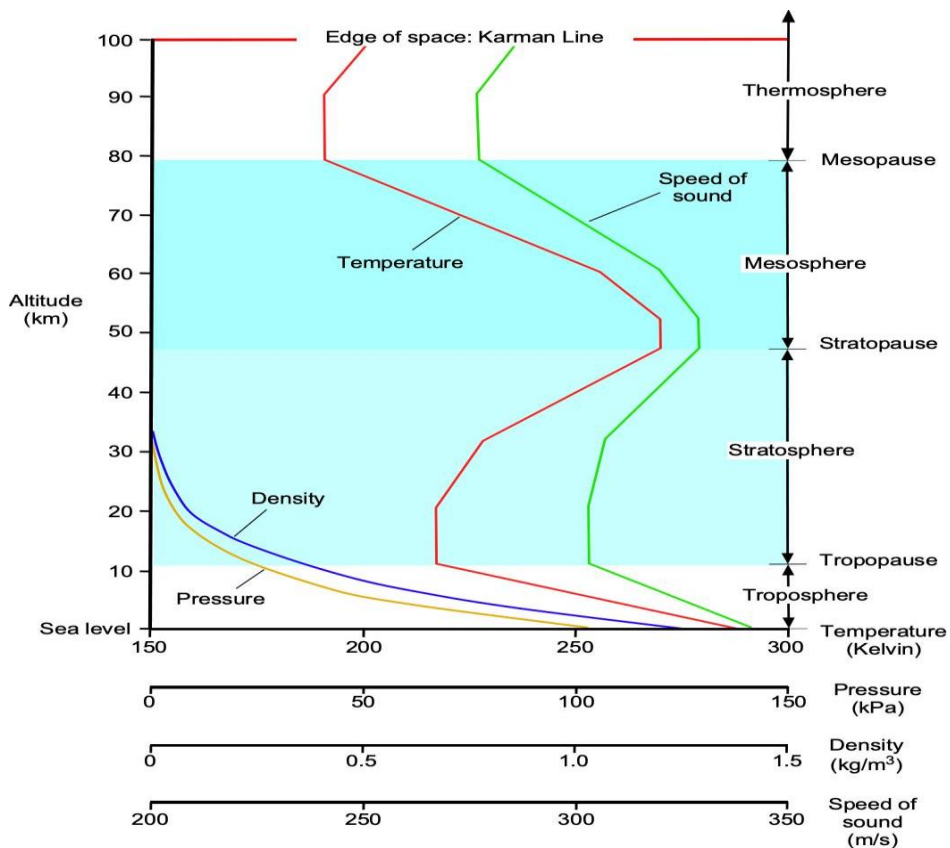
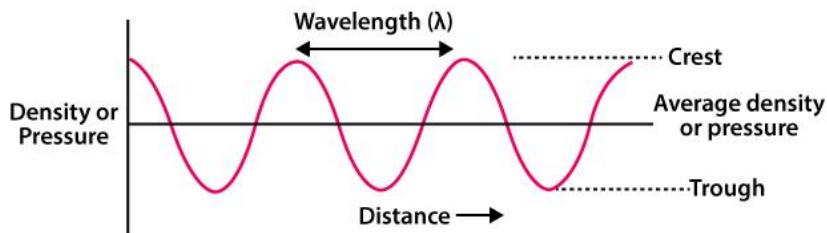


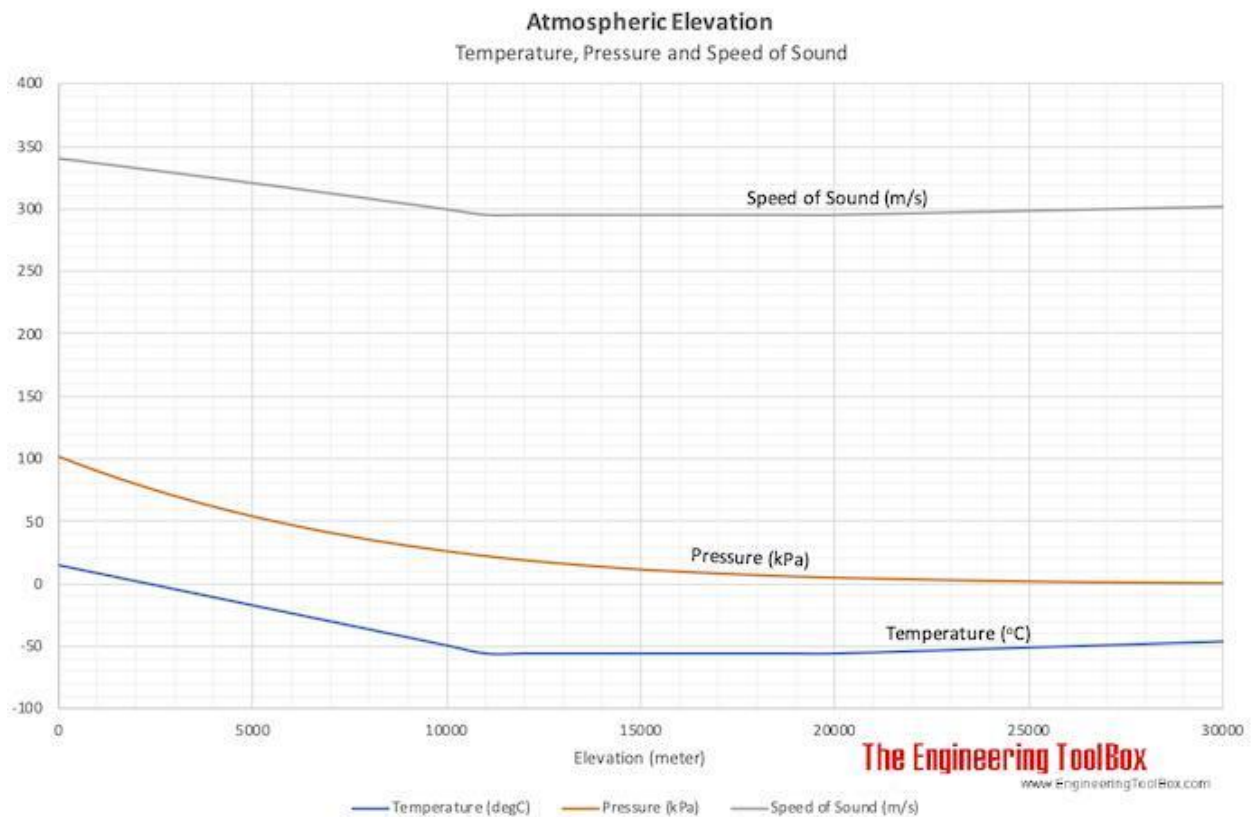
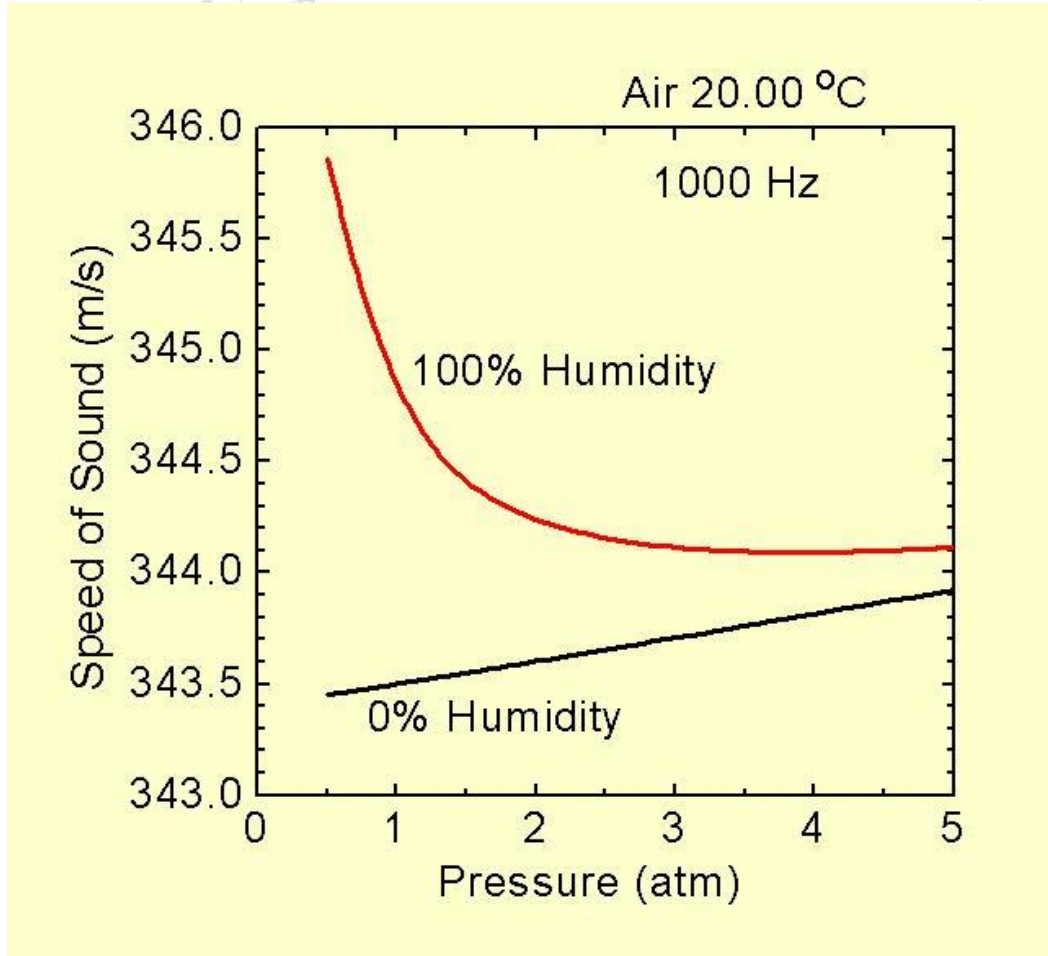


Density variations



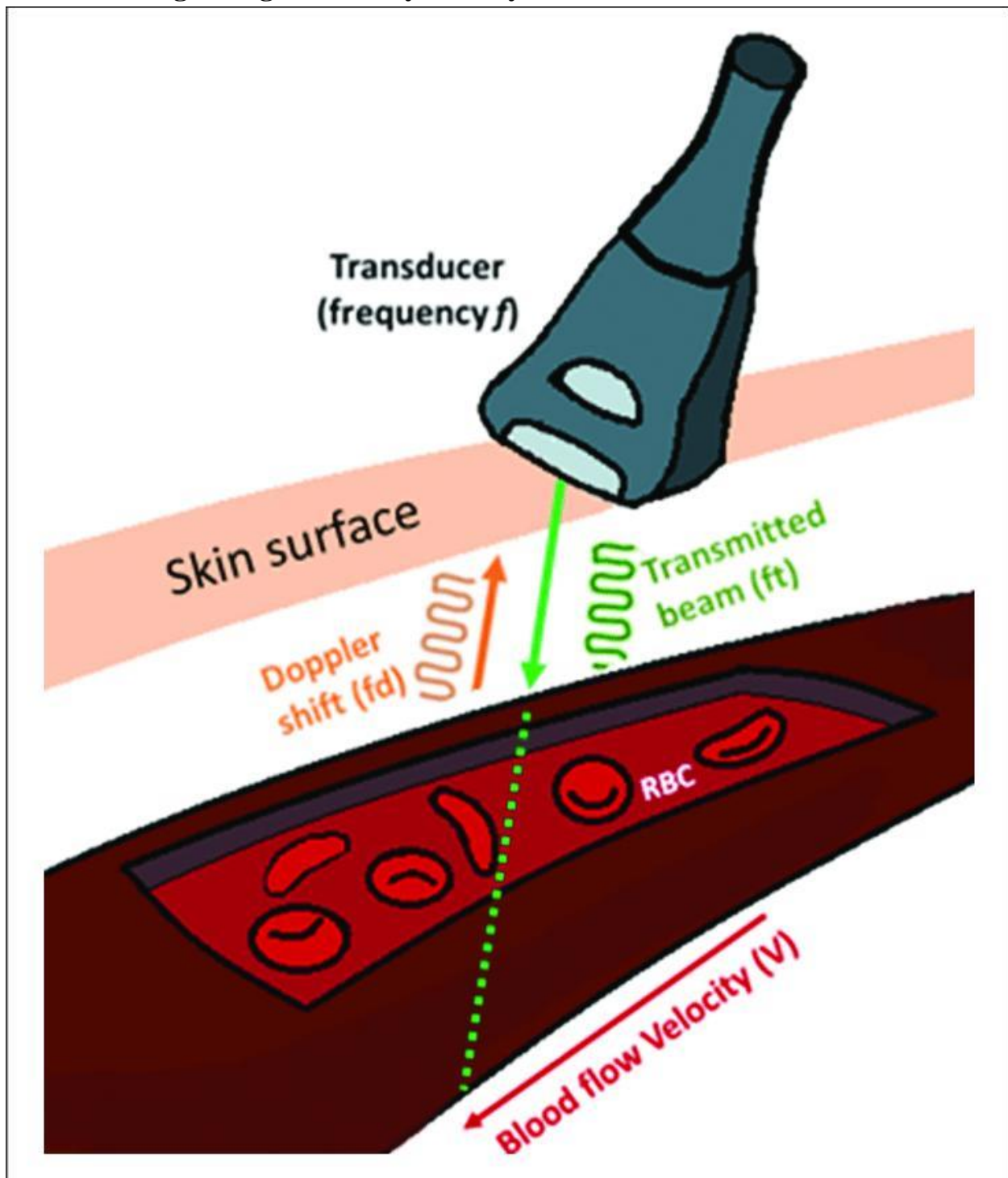
Pressure variations

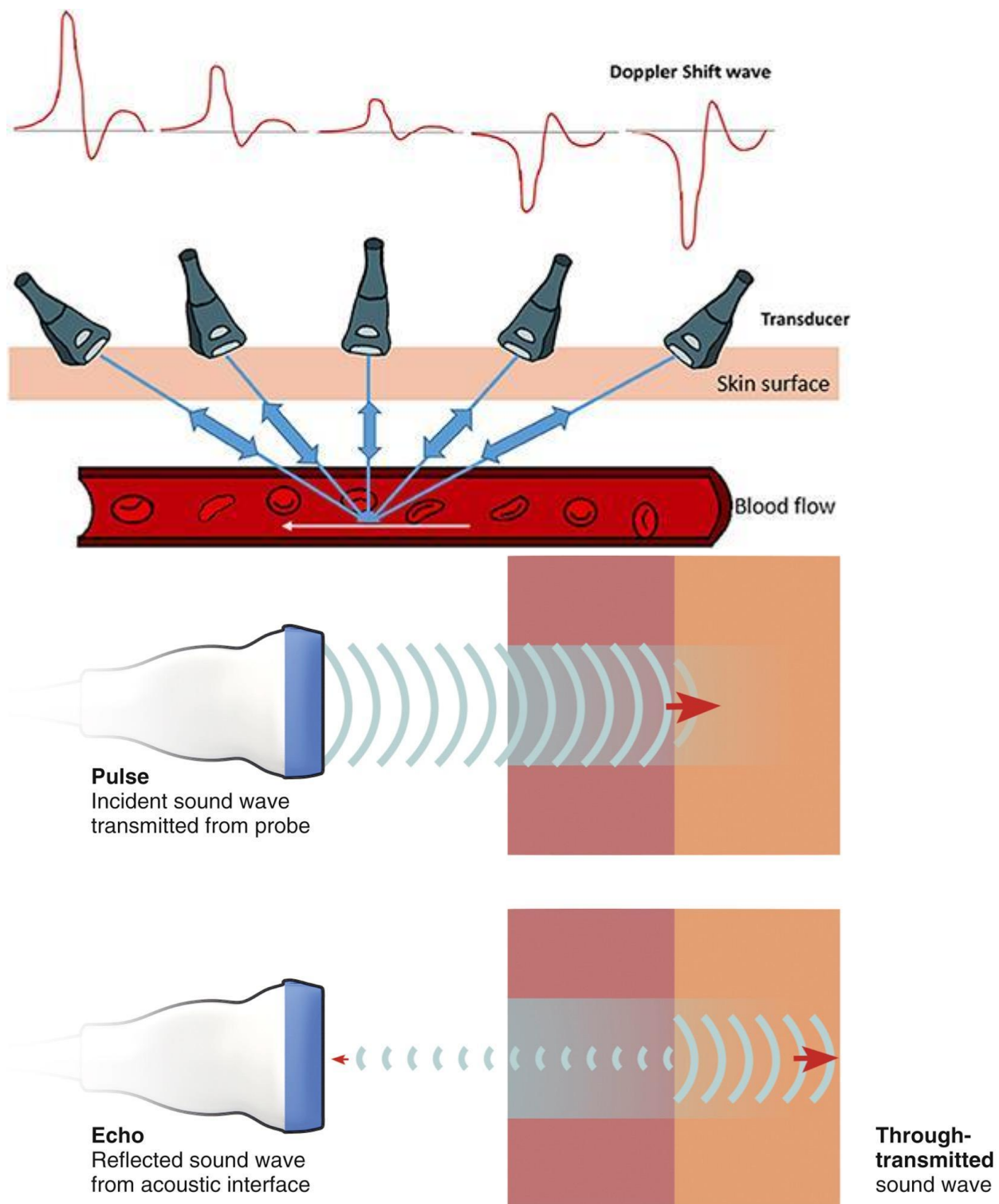


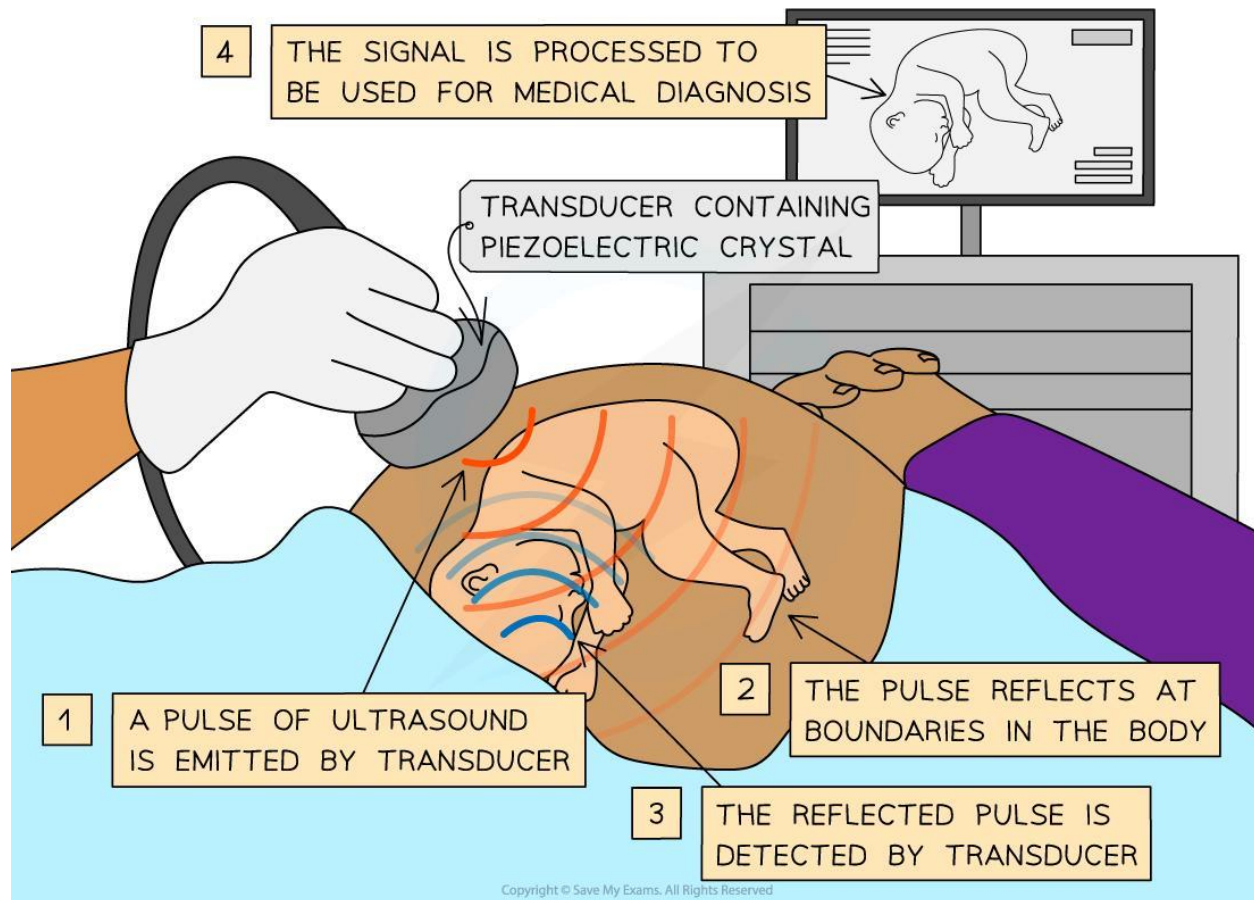


- **Harorat** $\uparrow \rightarrow$ tezlik \uparrow
- **Zichlik** $\uparrow \rightarrow$ tezlik \downarrow
- **Namlik** $\uparrow \rightarrow$ tezlik \uparrow
- **Bosim** kam ta'sir qiladi

3. Tovushning biologik va tibbiy ahamiyati

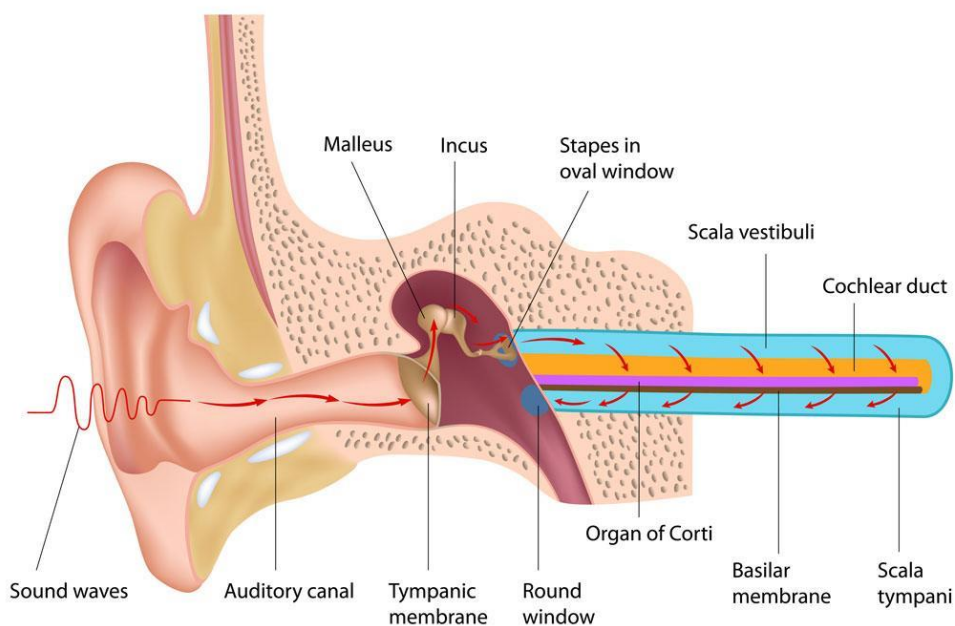






- Ultrasonografiya (UZI) — ichki organlarni tekshiradi
- Doppler — qon oqimini o'laydi
- Tovush tezligi asosida masofa aniqlanadi

Muhokama





Tovushning havoda tarqalishi tibbiyotda muhim bo'lsa-da, uning ayrim cheklovlari mavjud:

- Havoda energiya tez so'nadi
- To'siqlarda akslanish va sinish sodir bo'ladi
- UZI asosan suyuq va yumshoq to'qimalarda yaxshi ishlaydi

Bundan tashqari, ortiqcha tovush (shovqin) inson eshitish tizimiga zarar yetkazishi mumkin.

XULOSA

Tovushning havoda tarqalish tezligi tibbiy va biologik fizika fanida fundamental tushunchalardan biri hisoblanadi. Ushbu hodisa oddiy mexanik tebranish sifatida qaralishiga qaramay, uning asosida murakkab fizik qonuniyatlar yotadi. Tovush — bu uzunlamas to'lqin bo'lib, u havoda zarrachalarning siqilish (kompRESSIYA) va siyraklashish (rarefaksiya) jarayonlari orqali tarqaladi.

Tadqiqotlar shuni ko'rsatadiki, tovush tezligi muhitning fizik xususiyatlariga bevosita bog'liq. Ayniqsa, harorat oshishi bilan molekullarning kinetik energiyasi ortadi va bu tovush tezligining oshishiga olib keladi. Shu bilan birga, muhit zichligi va tarkibi ham muhim rol o'ynaydi. Masalan, gazlarda tovush suyuqlik va qattiq jismlarga qaraganda sekinroq tarqaladi.

Tibbiyotda tovushning fizik xususiyatlari, ayniqsa ultratovush (UZI) texnologiyasida keng qo'llaniladi. Ultrasonografiya ichki organlarni invaziv bo'lmagan usulda tekshirish imkonini beradi. Bu usul tovush to'lqinlarining turli to'qimalardan qaytish (refleksiya) xususiyatiga asoslanadi. Doppler usuli esa qon oqim tezligini aniqlashda qo'llaniladi va yurak-qon tomir kasalliklarini diagnostika qilishda muhim ahamiyatga ega.

Shuningdek, tovushning biologik ta'siri ham muhim hisoblanadi. Me'yoriy tovush inson uchun foydali bo'lsa, yuqori intensivlikdagi shovqin eshitish tizimiga zarar yetkazishi mumkin. Shu sababli akustik muhitni nazorat qilish gigiyena va profilaktika nuqtai nazaridan muhimdir.

Xulosa qilib aytganda, tovushning havoda tarqalish tezligi nafaqat fizik hodisa, balki tibbiyotda keng qo'llaniladigan amaliy vosita hamdir. Ushbu bilimlar zamonaviy diagnostika usullarining rivojlanishiga asos bo'lib xizmat qiladi va inson salomatligini saqlashda katta ahamiyatga ega.

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