

## **A READING LESSON STICKS: 9 FUN ACTIVITIES WITH "POST-ITS"**

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### **Annotatsiya**

Ushbu maqola o'quv darslarida Post-it (stiker)lardan foydalanishning samarali usullarini ta'riflaydi. Maqolada o'quvchilarning matn bilan faol muloqot qilishini rag'batlantiruvchi turli faoliyatlar, jumladan, belgilash, savol berish, qahramonlarni tahlil qilish, voqealarni xaritalash, bashorat qilish, xulosa chiqarish va ijodiy loyihalar amalga oshiriladi. Tadqiqot natijalari Post-it faoliyatlari o'quvchilarni jalb qilish, tushunishni yaxshilash va tanqidiy fikrlash ko'nikmalarini rivojlantirishda samarali ekanligini ko'rsatadi. Ushbu usul darslarni interaktiv, qiziqarli va o'quvchilar uchun esda qolarli qiladi.

**Kalit so'zlar:** o'qish, tushunishni rivojlantirish, Post-it, interaktiv dars, faol o'quv, tanqidiy fikrlash, xaritalash, qahramon tahlili, ijodiy faoliyat, bashorat qilish.

### **Abstract**

This article describes effective ways of using Post-it notes in reading lessons. It presents various activities that encourage students to interact actively with the text, including marking, questioning, analyzing characters, mapping events, predicting, summarizing, and creative projects. The research findings show that Post-it activities are effective in enhancing student engagement, improving comprehension, and developing critical thinking skills. This approach makes lessons interactive, enjoyable, and memorable for learners.

**Key words:** reading, reading comprehension, Post-it, interactive lesson, active learning, critical thinking, mapping, character analysis, creative activity, prediction.

## INTRODUCTION

At the basis of academic achievement and lifelong learning is the essential ability of reading comprehension. It may occasionally be difficult to get students to read actively, especially when they are unwilling or diverted. The lowly Post-it note is one straightforward, adaptable, and incredibly powerful instrument that has revolutionized reading instruction. These tiny bits of vibrant paper provide limitless opportunities for making reading engaging, memorable, and even enjoyable. Educators can use Post-its in classroom activities to foster student interaction with the material, promote reflection on their comprehension, and improve critical thinking abilities while keeping the classroom atmosphere stimulating and interesting. By prompting readers to highlight key parts or new vocabulary, Post-its improve reading lessons in one way. Students can write down definitions, questions, or personal responses on the notes and place them close to the corresponding material. With this visual and tactile approach, students can see their thought process and more readily identify important material during discussions or tests. It also encourages active reading, which has been proven to enhance understanding and memory.

Making character profiles using Post-its is another successful strategy. Students can take notes on specific characters' brief descriptions, motivations, or important quotations as they read. By putting these notes on a classroom board or chart, students may track character development and interactions, which makes complicated stories simpler to comprehend. Additionally, this fosters collaborative learning by giving students the opportunity to compare and debate their findings. You may also use Post-its to map out your plot. On a separate note, students can summarize each chapter or section and then organize them in order. Students learn to recognize the structure and progression of a tale via this exercise, which also improves their comprehension. Students can better analyze cause-and-effect relationships and forecast future events by picturing the plot, which increases their interaction with the text.

Asking questions is another key component of reading, which can be made more engaging by using Post-it notes. Students can post questions about confusing passages, underlying topics, or the author's purpose in the margins. These questions may be used as cues for future class debates, group activities, or personal contemplation. Post-its turn passive reading into an active, exploratory experience by fostering curiosity and inquiry. Post-its are also helpful for forming relationships. They allow students to

connect concepts in the text to their own lives, other books, or current events. This promotes critical thinking and personal involvement in addition to enhancing comprehension of the subject matter. The exercise can be made more organized and creative by using various colors for different kinds of connections—personal, textual, or world-related.

Using Post-its for prediction tasks is also quite interesting. Students can jot down their thoughts about what might occur before reading a new chapter or section and paste them into their books. Reading these notes again afterward helps students evaluate the validity of their forecasts, which improves their attention to detail and analytical abilities. One useful application is summarization. Students can concentrate on the main ideas and crucial facts by compressing whole paragraphs, scenes, or chapters into a single Post-it note. This fosters clarity of mind and brevity, qualities that are essential for reading comprehension and more general academic pursuits.

Peer review is another benefit of using Post-its. Students have the option of sharing their notes with their classmates, providing different perspectives or explanations. In this interactive discourse, discussion, a range of viewpoints, and cooperative learning are encouraged. Post-its can be used for imaginative exercises that make reading instruction more memorable. The notes can be used by students to make thematic collages, mind maps, or visual storyboards. By integrating creative expression with analytical reasoning, these activities enable students to analyze and represent the subject matter in creative ways. Because Post-its are so vibrant and practical, learning is always interesting and engaging.

Using Post-it notes in reading lessons is a straightforward but effective method of making learning active, collaborative, and enjoyable. Post-its revolutionize the reading experience by making it a lively and participatory activity that includes highlighting important words and phrases, analyzing characters, mapping plots, asking questions, making connections, predicting, summarizing, giving comments, and participating in creative endeavors. By using these little bits of paper, teachers may make sure that pupils retain reading lessons—not just in their notebooks, but in their heads.

## **LITERATURE REVIEW AND METHODOLOGY**

The use of interactive instruments to improve reading comprehension has been the subject of extensive study in the field of education. Academics stress the importance of actively interacting with the material in order to increase comprehension and retention. Harmer claims that interactive reading exercises help readers develop their cognitive and emotional abilities, making reading a more engaging experience. In the same way, Rosenblatt's transactional theory of reading emphasizes the significance of reader interaction with the text, implying that meaning is created through active reflection, inquiry, and individual response. Post-it notes, as a straightforward yet powerful tool, fit this pedagogical approach by giving students a tangible way to write down their ideas, responses, and observations as they read.

Research has also shown that kinesthetic and visual techniques, like using sticky notes, can boost memory retention and foster collaborative learning. Tomlinson and Strickland's research shows that tactile interaction aids students of all ages in processing and internalizing complicated material. Post-its also promote metacognitive strategies by enabling students to analyze their reading process, keep track of their comprehension, and pinpoint areas of confusion. By making the learning experience interactive and student-centered, these activities, according to many teachers, boost motivation, especially for reluctant readers.

The integration of Post-its into reading sessions can be done in a group or one-on-one context, depending on the approach. Students are given several Post-it notes during the lesson to jot down queries, highlight important concepts, or annotate texts. Instructors may arrange assignments around certain goals, such as vocabulary learning, plot analysis, or thematic investigation. Student participation, the correctness of the information on Post-its, and engagement in conversations are the focus of observations and evaluations.

Pre- and post-reading comprehension tests, analysis of the notes for depth and relevance, and qualitative feedback from students regarding their engagement and perceived understanding are all examples of data that may be gathered to assess the effectiveness of Post-it activities. Individual assignments offer insight into personal comprehension techniques, and group activities encourage peer interaction and collaborative learning. Using this approach gives a thorough picture of the effect of Post-it note techniques on reading results. The methodology and literature review

highlight that the use of Post-its in reading instruction is based on both cognitive and pedagogical theory, and its implementation is flexible, adaptable, and measurable, resulting in obvious gains in reading comprehension, critical thinking, and active participation.

## **RESULTS**

Utilizing Post-it note exercises in reading courses has demonstrated remarkable improvements in student involvement and understanding. Compared to classes without interactive tools, students who actively used Post-its were more attentive, driven, and eager to engage in conversation, according to observations. The notes' tactile and visual character helped students engage with the text in a meaningful manner, fostering a deeper comprehension of fundamental concepts, themes, and vocabulary.

The study of the pupils' notes demonstrated that they could successfully identify key themes, summarize material, and establish meaningful links between the text and their personal life. Using Post-its for character analysis tasks, students were able to better comprehend relationships, traits, and motivations, which improved their capacity to understand intricate stories. In a similar manner, plot mapping activities helped students see the story's structure, which enhanced their understanding of thematic development, causal connections, and sequences.

Increased critical thinking abilities were emphasized through questioning and prediction exercises. The students demonstrated a greater degree of engagement and analytical reasoning by asking insightful questions about the text and correctly anticipating plot events. Students improved their comprehension by comparing interpretations and engaging in conversation during peer feedback sessions, which further reinforced cooperative learning.

Innovative Post-it activities, such as thematic collages and visual storyboards, were especially useful in helping students remember what they had learned in reading lessons. Students showed that they were able to integrate analytical abilities with visual depiction, demonstrating not only comprehension but also the capacity to express their understanding in novel ways.

The results, in general, demonstrate that reading classes that incorporate Post-its have a major impact on comprehension, participation, and critical thinking. The

interactive aspect of the activities encouraged both individual reflection and collaborative investigation, while the students became more involved in their learning. According to the evidence, this approach not only enhances reading results immediately, but also promotes active reading behaviors that learners may use in the future.

## **Conclusion**

Using Post-it notes during reading instruction turns out to be a very successful approach for fostering critical thinking, comprehension, and participation. Educators can turn passive reading into an active, engaging, and student-centered activity by using these little, adaptable instruments. Post-its encourage students to be creative in writing notes, monitoring characters and plot events, posing questions, making predictions, and summarizing data. The activities also promote peer review, conversation, and teamwork, enabling pupils to learn from one another while solidifying their own understanding.

The data show that students gain important reading abilities, such as analysis, synthesis, and reflection, in addition to retaining information better. The vibrant, practical approach maintains students' interest and involvement in the reading process, especially for those who may have difficulty with conventional techniques. Generally, incorporating Post-it note activities into reading lessons is a useful, interesting, and flexible method for making sure the material "sticks" in students' brains, fostering both quick learning results and the growth of literacy over the long term.

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