

FAN, TA'LIM, TEXNOLOGIYA VA ISHLAB CHIQRARISH
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Learning English effectively: a modern approach

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Annotation: research into and informed discussion of teaching young learners is on the increase, perhaps mirroring the increasing numbers of children learning English globally in primary schools. This introductory article reviews key themes and issues in the teaching of English to young learners, and explains how the articles in this Special Issue connect to and develop them. It also points forward to some of the areas we expect to be of interest to researchers and practitioners in the years to come.

Key words: phrases, prioritise quality, pronunciation, potential, requirements, personal challenges, learning process, effectively, grammar and vocabulary, ability to speak, fluency, translation, practice.

Learning English as a second language can be a challenging task. But once you get the hang of it, every effort and time you spend studying the language will be worth it. By being fluent in English, travelling will be more fun. Also, you don't have to wait for the latest best-selling book or Hollywood movie to be translated in your native language to enjoy them. To help you in this endeavour, here are some practical tips on how to learn English effectively.

1. Study phrases not words

When you study English, or any language for that matter, you shouldn't learn individual words because memorising them makes no sense without context. Instead, you should study whole phrases. Memorising the meaning of words is much easier if you know what they mean and how they are used in a sentence.

2. Learn by listening

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While reading textbooks can help you learn the English language, you mustn't rely solely on them. Textbooks are great for teaching you about grammar and vocabulary, but they may not be too much of a help when it comes to carrying out a conversation. If you want to learn how to speak English, learn by listening and not by reading. By listening more, you'll be able to learn useful vocabulary and grammar without even realising or memorising them.

3. Get a placement test

Finding out your current English proficiency level is crucial before you embark on any learning plan as it will determine the type of program you should follow.

4. Prioritise quality over quantity

When it comes to learning any language, it's all about quality over quantity. Instead of learning dozens of new words in a short time, you should focus on learning one word and repeating it dozens of times. This prevents you from suffering from information overload. In addition, this strategy allows you to place the meaning of words and phrases deeper into your brain. As a result, you won't forget them easily.

5. Listen and answer, not listen and repeat

If you want to improve your English, don't use the strategy used by English textbooks, which is to "repeat after the speaker." Instead of mindlessly parroting the words or phrases spoken by the speaker, you should answer questions asked. For example, if you're listening to a podcast or video, pause it every 20 to 30 seconds and create a brief summary of what has been said.

6. Don't fuss over the small details

Yes, getting your pronunciation right is important but so is improving your grammar, and acquiring new vocabulary. Don't pause learning and become dishearted because you think you couldn't pronounce words well. You will soon master it through repetition as you continue with the learning. Learn one new word a day and you learn 365 new words in a year.

Why is learning a language such a challenging task? Can it be made easier and even enjoyable a language and communication training company for Tech

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specialists, explains how to approach learning English using coaching principles and neuroscience to make it more effective.

Here are several options for learning English:

- English through music: learn and have fun;
- How to learn English — 6 steps to build a successful English study plan..
- Neurolanguage Coaching focuses on efficient transfer of language knowledge and skills from coach to student, employing brain-based coaching and neuroscience. This approach helps students form strong neural connections in a brain-friendly way, resulting in faster language acquisition and increased confidence in achieving language learning goals.
- Overcoming language barriers
- — Neurolanguage Coaching is a key element to overcome language barriers as it's tailored to the individual needs of each student. As neural connections are unique to each individual, a one-size-fits-all learning method is not possible.
- Element's experts conduct language interviews to determine students' language level, potential, requirements, and personal challenges. By asking the right questions, the expert can identify each student's individual challenges and tailor their learning approach accordingly.
- Research has shown that new knowledge and skills are best assimilated and reproduced when the brain is in a relaxed state. While we may be used to studying under stress, Neurolanguage Coaching takes a completely opposite approach. Coaches create a calming and friendly environment during each session, explaining how new neural connections formation works and how lower anxiety and stress will promote better results.
- Setting achievable "language goals" and staying motivated
- — Since Neurolanguage Coaching is rooted in coaching principles, a crucial element of this approach is goal-setting. Many folks are searching for a quick-fix or a top-notch tutor who can magically transfer their knowledge into the learner's mind with a "Copy-Paste" technique.

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Regrettably, it doesn't operate in this way. The sooner this is understood, the better. Our experts lead you speedily and efficiently from point A to point B by establishing attainable language goals. Meanwhile, they instill the concept: "You're in charge of driving, and I'm your navigator." This way, learners take responsibility for their , learning process and stay enthusiastic and involved.

- For one person, the internal drive to master English is to witness kangaroos in Australia while mingling with the locals on their voyages. Someone else desires to bring their technological product to the global market or create a breakthrough in medical research. Each time a learner wants to skip a class or give up, a teacher reminds them about the larger scheme where English is only a tool - what awaits them at point B is more significant, broader, and more ambitious.
- Let's confront reality: the ability to speak like a "native" in a month, six months, or even a year is impossible. Actually, enhancing your listening abilities to grasp not just a measly 10% of your manager's dialog, but a solid 30%, within a mere 3-month timeframe, is totally doable. Setting specific timeframes and keeping track of your progress is paramount, as it allows you to adjust your goals accordingly. Employing Small Steps Techniques not only provides a sense of accomplishment with each achievement, but also ensures you stay on track and avoid going off course.

Setting achievable "language goals" and staying motivated

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Life hacks to self-study English effectively

- To get to the root of your language barrier, ask yourself five important questions. Why do I struggle with speaking English while traveling? Am I scared to make mistakes? What makes me so afraid of slipping up? How would I feel if I did make mistakes? Why am I hesitant to look foolish? Is it because I worry that others will ridicule me like they did when I was younger? Identifying the source of the problem is key to finding its resolution, which accounts for 80% of the solution.
- Create a comfortable study environment and view English classes as a "reward" rather than a "punishment." Enjoy a delicious snack or beverage, study topics that are interesting and applicable to you, and be kind to yourself to ease your mind.
- Even if you feel confident in your abilities, consider meeting with a language coach for guidance in setting language goals and developing a personalized plan

Learning a language without a textbook and regular classes- Spoiler: there is no easy way. With the Neurolanguage Coaching approach, textbooks aren't necessary as coaches tailor courses to each student's specific needs. For example, a focus on functional language for presentations can help bring

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products to market. Addressing grammar and vocabulary gaps can also improve workplace communication. This method is more efficient than starting from the beginning with Unit 1, which typically covers the Simple Present and Present Continuous tenses. Your unique background, experiences, and current context can all be used to customize your learning journey.

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