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### NATIONAL SPECIFIES OF GESTURES IN ENGLISH Kuchkarova Zarina Ali qizi

4<sup>st</sup> year students at Djizzakh branch of The National University of Uzbekistan named after Mirzo Ulugbek

#### Supervisor: Niyatova Maftuna Norbek qizi

Assistant teacher in the department Foreign Languages a Djizzakh branch of The National University of Uzbekistan named after Mirzo Ulugbek

#### ANNOTATION

Gestures and body language can vary widely between different cultures. In English-speaking cultures, there are several common gestures that are widely recognized and used. For example, a firm handshake is often used when greeting someone, while nodding the head up and down signifies agreement or understanding. Thumbs up is a gesture that typically means "okay" or "good job" in English-speaking cultures. It's worth noting, however, that the meanings of gestures can vary across different English-speaking countries and regions, and certain gestures that are acceptable or positive in one culture may carry different connotations in another. For this reason, it's important to be aware of cultural differences in nonverbal communication when interacting with people from different backgrounds.

English-speaking cultures have a range of gestures and nonverbal communication that are widely recognized within their society. These gestures play a significant role in communication and are often used to convey various emotions, messages, and social cues. Here are some common English gestures and their meanings:

**Keywords:** handshake, nodding, thumbs up, victory, pointing, crossed fingers, thumbs down.

**1. Handshake:** A firm handshake is a common gesture used in Englishspeaking cultures when greeting someone. A firm handshake is typically seen as a sign of confidence, trust, and friendliness.

**2. Nodding:** Nodding the head up and down is a universal gesture in English-speaking cultures that signifies agreement or understanding. It is often used to express affirmation or to show that one is actively listening.

**3. Thumbs Up:** Holding the thumb up is a positive gesture and typically means "okay" or "good job" in English-speaking cultures. It can be used to express approval, agreement, or to indicate that everything is fine.



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**4. "V" for Victory:** Holding up the index and middle fingers in a "V" shape is often used in English-speaking cultures as a sign of victory or peace. It gained popularity during World War II and remains a widely recognized gesture.

**5. Pointing:** Pointing with the index finger is a common gesture used to direct attention or indicate something in English-speaking cultures. However, it's worth noting that in some cultures, pointing directly at someone can be considered impolite.

**6. Crossed Fingers:** Crossing the fingers is a superstitious gesture often used to express hope, luck, or to negate a promise or statement, as in the expression "fingers crossed."

**7. Thumbs Down:** Holding the thumb down is a negative gesture often signaling disapproval or failure in English-speaking cultures, especially in the context of performances or evaluations.

It's important to remember that while these gestures are generally recognized in English-speaking cultures, there may be variations in interpretation in different regions or across different social contexts. Additionally, it's crucial to be mindful of potential cultural differences when using gestures in cross-cultural interactions.

SUMMARY COMPLETION: In this article, I can say that a gesture is a form of non-verbal communication or non-vocal communication in which visible bodily actions communicate particular messages, either in place of, or in conjunction with, speech. Gestures include movement of the hands, face, or other parts of the body. Understanding nonverbal communication and gestures is an essential aspect of effective communication in any language or culture. Awareness of cultural nuances and the meanings of gestures can help individuals navigate social interactions with sensitivity and respect.

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